



Student and Family Update - Safe Campus Operations

November 16, 2020

Dear Horizons Families:

Thank you for your assistance enabling students to resume their on-campus education during the Fall 2020 Term. Our staff follows public health and government guidelines by requiring face coverings, social distancing, temperature and safety checks, personal hygiene, cleaning and regular disinfection. We changed class sizes and meeting locations, limited non-essential travel and school visitors, and taught students personal wellness practices.

We may feel tired of messages about COVID-19. Unfortunately, the U.S. continues to report high rates of coronavirus infection. Our students are identified as a vulnerable group for community spread.

Let us work together to keep all students and staff safe from illness! **Emphasize individual preventive practices during the term break.** These practices include:

- regular hand washing
- sneezing and coughing in tissues and then discarding these
- frequently disinfecting commonly used home items and surfaces
- using face coverings when in public
- avoiding non-essential travel and crowded public places
- vaccinate for seasonal flu.

Latest federal guidance is to **limit holiday gatherings** to no more than 10 people, ideally with members of the same immediate household. When traveling by car, practice safety by **limiting time spent indoors in crowded settings, wearing face coverings, and thorough hand hygiene.**

Our students and staff should remain at home with immediate family from December 27 until their return to campus. This means minimizing community contacts.

Further, students who have COVID-19 symptoms or who had recent close contact (within 6 feet for a total of 15 minutes or more) with someone with COVID-19 must remain at home and consult a physician. These individuals should also quarantine to

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<https://horizonsschool.org>
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reduce the risk of further transmission to relatives, friends and classmates. **Please do not return ill students to campus in January.**

CDC hosts a useful [Coronavirus Self-Checker](#) to assist you to decide when to seek testing or medical care. Find attached flyers with personal safety messages: *Protect Yourself and Others from COVID-19*, and *Face Coverings Do's and Don'ts*.

Please join us on **Thursday December 03, 2020 at 430 p.m.** for a free virtual event, **Pandemic Parenting: The Importance of Stress Management and Self-Care.** We will welcome Dr. Qshequilla Mitchell of the UA Center for the Prevention of Behavior Youth Problems.

Join Zoom Meeting,

<https://zoom.us/j/95632168916?pwd=eTRFek1sSIV4M3RmN0tPZURJcG9RQT09> Meeting ID: 956 3216 8916; Passcode: snyV9Q

You will receive a summary of your student's achievements during the Fall Term. We encourage you to **expect continued performance of self-management and daily living skills.** During the break, students may help with meal planning and preparation, shopping, organization and cleaning, laundry and more!

Our Staff wishes each of you a warm and peaceful holiday season. We look forward to welcoming students in January 2021!

Brian F. Geiger

Brian F. Geiger, EdD, FAAHE, CGSP

Enclosures: personal safety handouts

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